Heart & Sole Performing Arts

2026-2027 Season

Class Offerings by Age

I'M 12 Mos – 2.5 YRS OLD

Heart & Sole Performing Arts



Join us for a fun and developmentally appropriate ballet and creative movement class designed for your dancer and one parent or guardian to enjoy together!

- **Sweetheart & Me – Tuesdays @ 4:00pm**
- **Sweetheart & Me – Thursdays @ 9:30am**
- **Sweetheart & Me – Saturdays @ 9:30am**

2026-2027 Season

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I'M 3 – 4 Yrs OLD!

Join us for Sweetheart 3–4, a fun tap and ballet combo class that builds basic dance skills through age-appropriate music and movement.

- **Mondays @ 4:00pm**
- **Thursdays @ 10:30am**
- **Fridays @ 4:00pm**
- **Saturdays @ 10:30am**



Heart & Sole Performing Arts

I'M 4 – 5 Yrs OLD!

Heart & Sole Performing Arts

Join us for a fun, developmentally appropriate tap & ballet combo class called Sweetheart 4-5!

- **Sweetheart 4-5 (Tap & Ballet combo) - Tuesdays @ 5:00pm**
- **Sweetheart 4-5 (Tap & Ballet combo) - Wednesdays @ 4:00pm**
- **Sweetheart 4-5 (Tap & Ballet combo) - Thursdays @ 11:30am**
- **Sweetheart 4-5 (Tap & Ballet combo) - Thursdays @ 4:00pm**
- **Sweetheart 4-5 (Tap & Ballet combo) - Fridays @ 6:00pm**
- **Sweetheart 4-5 (Tap & Ballet combo) - Saturdays @ 11:30am**



2026-2027 Season

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I'M 4 - 6 Yrs OLD!

Join us for a fun, developmentally appropriate Junior level Hip Hop, Jazz, and Acro class!



- Junior Jazz - Thursdays at 10:30am
- Junior Acro - Thursdays @ 4:00pm
- Junior Hip Hop - Fridays @ 4:00pm
- Junior Jazz - Fridays @ 5:00pm

Heart & Sole Performing Arts

2026-2027 Season

I'M 6 – 8 Yrs OLD!



- Acro 1 – Monday @ 4:00pm
- Hip Hop 1 – Monday @ 5:00pm
- Lyrical/Contemporary 1 – Monday @ 6:00pm
- Tap 1 – Wednesday @ 4:00pm
- Jazz 1 –Wednesday @ 5:00pm
- Ballet 1 – Wednesday @ 6:00pm
- Acro 1 – Friday @ 4:00pm
- Hip Hop 1 – Friday @ 6:00pm
- Ballet 1 – Saturday @ 9:30am
- Jazz 1 – Saturday @ 10:30am

Heart & Sole Performing Arts

2026-2027 Season

I'M 9 – 11 Yrs OLD!

- Hip Hop 2 – Monday @ 4:00pm
- Ballet 2 – Mon & Wed @ 5:00pm
- Lyrical/Contemporary 2 – Monday @ 6:00pm
- Acro 2 – Monday @ 6pm
- Jazz 2 – Wednesday @ 4:00pm
- Tap 2 – Wednesday @ 6:00pm
- Acro 2 – Friday @ 5:00pm
- Hip Hop 2 – Friday @ 5:00pm
- Jazz 2 – Saturday @ 11:30am



Heart & Sole Performing Arts

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I'M 12+ Yrs OLD!

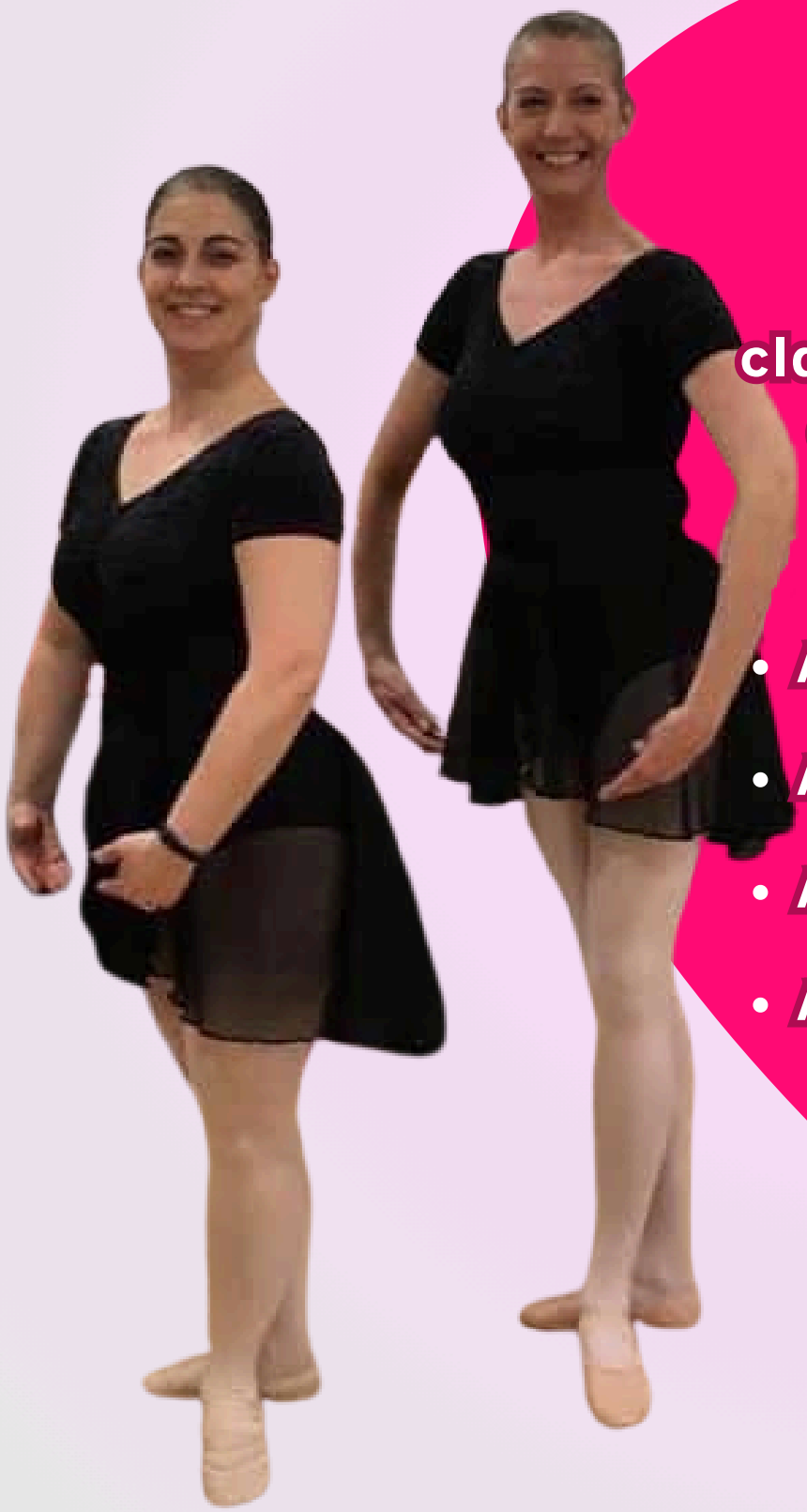
- **Teen Contemporary – Tuesdays @ 6:00pm**
- **Teen Ballet – Tuesdays @ 7:00pm**
- **Teen Hip Hop – Thursdays @ 6:00pm**
- **Teen Jazz – Thursdays @ 7:00pm**



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Heart & Sole Performing Arts

I'M 18+ Yrs OLD!



Join us for fun and energizing Adult classes. Great for all levels of experience and a perfect way to stay active and express yourself through dance!

- **Adult Contemporary – Mondays at 8:00pm**
- **Adult Hip Hop – Tuesdays @ 8:00pm**
- **Adult Tap – Wednesdays @ 7:00pm**
- **Adult Ballet – Wednesdays @ 8:00pm**

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PREVIOUS EXPERIENCE?



Give us a call at:

(623) 544-8078 to schedule an evaluation for level placement!