

**Class
Offerings
by Age**

I'M 18 MOS - 3 YRS OLD

Heart
&
Sole 
Performing Arts

Join us for a fun and developmentally appropriate ballet and creative movement class designed for your dancer and one parent or guardian to enjoy together!

Sweetheart & Me - Tuesdays @ 4:00pm
Sweetheart & Me - Thursdays @ 9:30am
Sweetheart & Me - Saturdays @ 9:30am

2026-2027 Season



2026-2027 Season

I'M 3 - 4 Yrs OLD!

Join us for Sweetheart 3-4, a fun tap and ballet combo class that builds basic dance skills through age-appropriate music and movement.

Mondays @ 4:00pm

Thursdays @ 10:30am

Fridays @ 4:00pm

Saturdays @ 10:30am



I'M 4 - 5 Yrs OLD!



Join us for a fun, developmentally appropriate tap & ballet combo class called Sweetheart 4-5, and Junior level Hip Hop, Jazz, and Acro!

- Sweetheart 4-5 (Tap & Ballet combo) - Tuesdays @ 5:00pm
- Sweetheart 4-5 (Tap & Ballet combo) - Wednesdays @ 4:00pm
- Junior Acro - Thursdays @ 4:00pm
- Sweetheart 4-5 (Tap & Ballet combo) - Thursdays @ 4:00pm
- Junior Hip Hop - Fridays @ 4:00pm
- Junior Jazz - Fridays @ 5:00pm
- Sweetheart 4-5 (Tap & Ballet combo) - Fridays @ 6:00pm
- Sweetheart 4-5 (Tap & Ballet combo) - Saturdays @ 11:30am



2026-2027 Season

I'M 6 - 11 Yrs OLD!



- Acro 1 - Monday @ 4:00pm
- Hip Hop 1 - Monday @ 5:00pm
- Lyrical/Contemporary 1 - Monday @ 6:00pm
- Tap 1 - Wednesday @ 4:00pm
- Jazz 1 - Wednesday @ 5:00pm
- Ballet 1 - Wednesday @ 6:00pm
- Acro 1 - Friday @ 4:00pm
- Hip Hop 1 - Friday @ 6:00pm
- Ballet 1 - Saturday @ 9:30am
- Jazz 1 - Saturday @ 10:30am

I'M 12+ YRS OLD!

- Teen Contemporary -
Tuesdays @ 6:00pm
- Teen Ballet -
Tuesdays @ 7:00pm
- Teen Jazz -
Thursdays @ 7:00pm
- Teen Hip Hop -
Thursdays @ 8:00pm



I'M 18+ Yrs OLD!

Join us for fun and energizing Adult classes. Great for all levels of experience and a perfect way to stay active and express yourself through dance!

- Adult Hip Hop - Tuesdays @ 8:00pm
- Adult Tap - Wednesdays @ 7:00pm
- Adult Ballet - Wednesdays @ 8:00pm

2026-2027 Season



PREVIOUS EXPERIENCE?



Give us a call at:
(623) 544-8078
to schedule an
evaluation for
level placement!